JR'S
323 EAST MAIN STREET
MURFREESBORO, TENNESSEE

Credit Cards, Debit Cards, Food Stamps & WIC Vouchers Gladly Accepted.

NO CARDS - NO GAMES - NO GIMMICKS - WE OFFER EVERYDAY LOW PRICES & WEEKLY SPECIALS TO EVERYONE - EVERY DAY! NO CARD REQUIRED!!! WE TRULY APPRECIATE YOUR BUSINESS!!!

YOU DON'T HAVE TO CHOOSE BETWEEN EVERYDAY LOW PRICES AND WEEKLY SPECIALS - FOODLAND HAS BOTH!

Like us on facebook

NOW YOU CAN FIND JR'S FOODLAND ON FACEBOOK Check Out Our Ads There!

Prices Effective: Monday, April 22 Thru Sunday, April 28, 2019

MON	TUE	WED	THU	FRI	SAT	SUN
22	23	24	25	26	27	28

We Now Accept ATM & EBT Cards

NEW Store Hours:
Monday - Saturday 7 am - 8 pm
Sunday 8 am - 7 pm

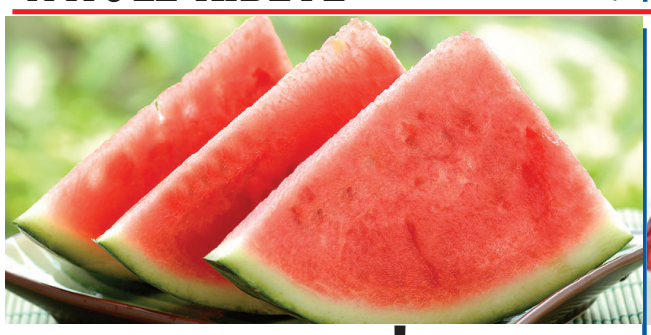
FOODLAND Super Market

April Savings!

USDA Inspected
Star Ranch Angus Beef
(Family Pk. Steaks $8.99 Lb.)
BONELESS WHOLE RIBEYE
$7.99 LB.

"Ground Fresh Daily!"
USDA Inspected
Fresh
GROUND CHUCK
$2.49 LB.

USDA Inspected
Star Ranch Angus Beef
Boneless
BOTTOM ROUND ROAST
$3.49 LB.



Seedless
RED RIPE WATERMELONS
$4.99 EA.

"A Heart Healthy Snack!"
Red
SEEDLESS GRAPES
$1.39 LB.

"First of the Season!"
Jumbo, Sweet
VIDALIA ONIONS
$1.19 LB.

13-15 Oz. Corn, Green Beans or Peas
DOUBLE LUCK VEGETABLES
2 for $1

12 Ct. K-Cups or 25-30.6 Oz.
Selected Varieties
MAXWELL HOUSE COFFEE
$6.99 EA.

15-15.5 Oz.
Selected Varieties
HUNT'S MANWICH
5 for $5

* SAVINGS + SERVICE = SATISFACTION!!! *

1.9-2 Oz. Cups
Selected Varieties
KRAFT MAC & CHEESE
5 for $5

60 Oz. Liquid
Selected Varieties
TIDE SIMPLY LAUNDRY DETERGENT
2 for $6

FOOD CLUB ICE CREAM CONES
12 Ct. Jumbo
99¢ Ea.

1.5 Quart
Assorted Varieties
MAYFIELD SELECT ICE CREAM
2 for $6

FOODLAND Super Market

YOUR STORE FOR EVERYDAY LOW PRICES & WEEKLY SPECIALS

WEEKLY SPECIALS

FRITO LAY DORITOS
9.25-10.5 Oz.
Selected Varieties
2 for $5

RUFFLES POTATO CHIPS
8.5-9 Oz.
Selected Varieties
2 for $5

GOLDEN FLAKE POTATO CHIPS
7.5-8 Oz. Tangy Pickle BBQ, Buffalo Ranch, Thin & Crispy, Dip Style or Sweet Heat
$2.29

GOLDEN FLAKE NACHOS OR CHEESE PUFFS
8-8.5 Oz.
$2.29

LITTLE DEBBIE BIG PACKS
Box
Selected Varieties
2 for $6

TOMBSTONE PIZZA
12-Inch Original
Selected Varieties
2 for $7

MALT O MEAL BAG CEREAL
18-30 Oz. Family Size
Selected Varieties
2 for $6

KELLOGG'S CEREAL
10 Oz. Corn Pops, Apple Jacks, Froot Loops Original or Wildberry,
10.5 Oz. Froot Loops Marshmallow, 11-11.4 Oz. Chocolate or Double Chocolate Krave,
13-13.7 Oz. Frosted Flakes Chocolate or Marshmallow
2 for $6

KELLOGG'S POP•TARTS
8 Ct.
Selected Varieties
2 for $4

Pick 5 MEAT SALE & Frozen

Mix & Match Any 5 Items

ONLY

$19.99

12 Ct. K-Cups Selected Varieties Swiss Miss Hot Cocoa or Caribou, Newman's or
GREEN MOUNTAIN OR DONUT HOUSE COFFEE
$6.99

64 Oz.
FOOD CLUB APPLE JUICE
$1.69

14-18 Oz.
Selected Varieties
SWEET BABY RAY'S BARBECUE SAUCE
2 for $3

15 Oz.
Selected Varieties
HORMEL CHILI WITH BEANS
2 for $3

30 Oz. Regular or Lite
FOOD CLUB MAYONNAISE
2 for $4

22-24 Ct. Family Size Reg., Sweet or Green Tea
LUZIANNE TEA BAGS 2 for $3

7-13 Oz. Selected Varieties
NABISCO CHIPS AHOY! $2.79

16 Oz. Selected Varieties
KEN'S SALAD DRESSING 2 for $4

12 Oz. Selected Varieties
SPAM LUNCHEON MEAT 2 for $5

32 Oz. or 19.5 Oz. Less Sugar/Sodium
FOOD CLUB KETCHUP $1.69

Dairy Specials

4-5 Oz.
Selected Varieties
YOPLAIT GREEK YOGURT 88¢

1 Lb. Quarters
Orginal or Light
BLUE BONNET MARGARINE 88¢

2 Lb. Zip Bag Cheddar, Mexican or Mozzarella
FOOD CLUB SHREDDED CHEESE $6.99

5-8 Oz. or 3 Pk.
Selected Varieties
SARGENTO SLICED CHEESE OR BALANCED BREAKS 2 for $5

59 Oz. Apple, Orange or Grape
BRIGHT & EARLY FRUIT DRINKS 5 for $5

2 Pk. Cups
Selected Varieties
PHILADELPHIA CHEESECAKE 2 for $5

6.5 Oz. Original or Extra Creamy
REDDI WIP TOPPING 2 for $4

52 Oz.
Selected Varieties
FAIRLIFE MILK 2 for $6

12 Double Rolls Bath Tissue or 6 Big Rolls Paper Towels
COTTONELLE OR VIVA
$6.99

24 Oz. Ultra Concentrated
IVORY LIQUID DISH DETERGENT 2 for $5

LOOK FOR THE RED TAG 99¢ RED TAGS MEAN SAVINGS

10 Oz. Selected Varieties
RO★TEL TOMATOES 5 for $5

4.6 Oz. Original or Chicken
BRYAN VIENNA SAUSAGE 2 for $1

24 Oz.
SWEET SUE CHICKEN & DUMPLINGS $2.19

5 Oz. In Oil or Water Chunk Light
BUMBLE BEE TUNA 79¢

16 Oz. Selected Varieties
PLANTERS PEANUTS 2 for $5

Singles Selected Varieties
NESTLE CANDY 69¢

Singles Selected Varieties
M&M MARS CANDY 4 for $3

food club favorites

35 Oz.
Powdered
FOOD CLUB COFFEE CREAMER $3.99

12 Ct. K-Cups
Selected Varieties
FOOD CLUB COFFEE $3.79

16 Oz.
Creamy or Crunchy
FOOD CLUB PEANUT BUTTER 2 for $3

16 Oz.
Selected Varieties
FOOD CLUB SALAD DRESSING 3 for $5

2.8-3 Oz. Pouch
Pieces or
FOOD CLUB BACON BITS 2 for $4

Gallon White or Apple Cider Vinegar
FOOD CLUB VINEGAR 2 for $5

12-15 Oz.
Selected Varieties
FOOD CLUB INSTANT OATMEAL 3 for $5

24 Pk.
.5 Liter Bottles
FOOD CLUB SPRING WATER 3 for $9

2 Liter Bottles
Selected Varieties
FOOD CLUB SOFT DRINKS 5 for $5

14 Oz. Orig. or 4 Cheese or 12 Oz. Shells & Cheddar
FOOD CLUB DELUXE MAC & CHEESE 2 for $3

7.7 Lb. Bag
Original or Mesquite
CHARKING CHARCOAL $2.99

32 Oz.
CHARKING LIGHTER FLUID $2.99

21-44 Ct. Sizes 1-6
Selected Varieties
HUGGIES SNUG & DRY
$6.99

56-64 Ct. Selected Varieties
HUGGIES BABY WIPES 2 for $4

YOU DON'T HAVE TO CHOOSE BETWEEN EVERYDAY LOW PRICES & WEEKLY SPECIALS - OUR STORE HAS BOTH!!!

55-96 Oz. Selected Varieties
SIMPLY DONE BLEACH 2 for $3

10-20 Ct. Quart or Gallon Size
HEFTY FREEZER OR STORAGE BAGS 2 for $3

12-35 Count Selected Varieties
GLAD TRASH BAGS $4.99

3.5 Lb. Bag Original or Small Breed
KIBBLES 'N BITS DOG FOOD $4.99

13 Lb. Bag Ocean Plenty or Farm Fixins
NUNN BETTER CAT FOOD $7.99

3-3.15 Lb. Bag Selected Varieties
MEOW MIX CAT FOOD $3.99

16 Lb. Bag Selected Varieties Nunn Better
BUTCHER'S BEST DOG FOOD $8.99

Frozen Specials

17-22 Oz. Brick Oven or Classic Selected Varieties
RED BARON PIZZA 2 for $7

10-12 Oz.
Selected Varieties
GREEN GIANT RICED OR ROASTED VEGGIES $2.99

12-16 Oz.
Selected Varieties
SISTER SCHUBERT'S YEAST ROLLS $2.99

10 Ct. or 14-16 Oz. Pancakes
Selected Varieties
FOOD CLUB WAFFLES 2 for $3

11 Oz.
Selected Varieties
PILLSBURY TOASTER STRUDEL 3 for $6

7-11 Oz.
Selected Varieties
WEIGHT WATCHER'S SMART ONES 2 for $4

28-32 Oz.
Selected Varieties
FOOD CLUB POTATOES $2.29

FOODLAND Super Market

Quality MEATS

We sell only the BEST USDA Inspected Meats. We take pride in the selection and quality that our trained meat cutters provide daily.

USDA Inspected HORMEL "Natural Choice" Bone In
ASSORTED SLICED PORK CHOPS
$1.99 LB.

USDA Inspected HORMEL "Natural Choice"
PORK LOIN RIB COUNTRY STYLE
$2.49 LB.

USDA Inspected HORMEL "Natural Choice" Bone-In
CENTER CUT PORK CHOPS
$2.99 LB.

USDA Inspected Star Ranch Angus Beef
BOTTOM ROUND STEAK
$4.99 LB.

USDA Inspected Star Ranch Angus Beef
CUBED STEAK
$4.99 LB.

USDA Inspected Family Pack Fresh
SPLIT CHICKEN BREAST
$1.69 LB.

12 Oz. Pkg. Regular or Thick
BRYAN SLICED BACON $2.99 Ea.

12 Oz. Pkg. All Meat
BRYAN WIENERS 2 for $3

12 Oz. Pkg. BRYAN COTTO SALAMI or Selected Varieties (Excludes Beef)
BRYAN SLICED BOLOGNA 2 for $3

10 Oz. 4X6 Pkg. Selected Varieties
BRYAN SLICED LUNCHMEATS 2 for $6

15 Oz. Selected Varieties (Excludes White Turkey)
BALL PARK HOT DOGS 2 for $5

15 Oz. Selected Varieties (Excludes Angus Beef)
BALL PARK BEEF FRANKS $3.99 Ea.

13-14 Oz. Selected Varieties (Excludes Beef)
HILLSHIRE FARM SMOKED SAUSAGE $2.99 Ea.

12-14 Oz. Selected Varieties
JOHNSONVILLE SMOKED BRATS $3.49 Ea.

1 Lb. Roll Mild or Hot
FRESHLAND PORK SAUSAGE 2 for $5

5-6 Oz. Pillow Pack Regular or Turkey
HORMEL SLICED PEPPERONI $3.49 Ea.

12 Oz. Meat (Excludes Beef)
BRYAN CORN DOGS $2.99 Ea.

1 Lb. Bag
SEA BEST TILAPIA FILLETS $4.49 Ea.

Garden Fresh PRODUCE

Our Fruits & Vegetables are always fresh, whether it's grown locally or across the world. We give you quality & variety you deserve everyday.

Vine Ripe
SLICING TOMATOES $1.29 Lb.

Bag American, Italian, Hearts of Romaine or Very Veggie
DOLE SALAD MIX $2.39 Ea.

"Great for Cole Slaw!" Fresh
GREEN CABBAGE 59¢ Lb.

Bunch Fresh Cut
COLLARD OR TURNIP GREENS 69¢ Ea.

"A Heart Healthy Snack!" Red
SEEDLESS GRAPES $1.39 Lb.

3 Lb. Bag CARA CARA or MINNEOLAS or 4 Lb. Bag
CALIFORNIA NAVEL ORANGES $3.99 Ea.

Dole
BROCCOLI CROWNS $2.29 Lb.

"A Taste of the Tropics!"
JUICY MANGOS 89¢ Ea.

1 Lb. Bag GREEN GIANT- Rose or Goldust
KLONDIKE EXPRESS POTATOES 2 for $3

"First of the Season!" Jumbo, Sweet
VIDALIA ONIONS $1.19 Lb.